

The Osborn Difference:

The leading strength in the Osborn Obesity program is the culture shift initiated by Mary, Karl and Dr. Clark and carried on by the rest of the staff. Leadership has set a tone of understanding and empathy, a reminder that these are patients with a medical condition just like any other disease. And just like any other patient it is our job to steward over them and help facilitate their success. Through this culture shift we have streamlined our staff, in both nursing and rehab, to those individuals who believe in the program and the potential of our patients.

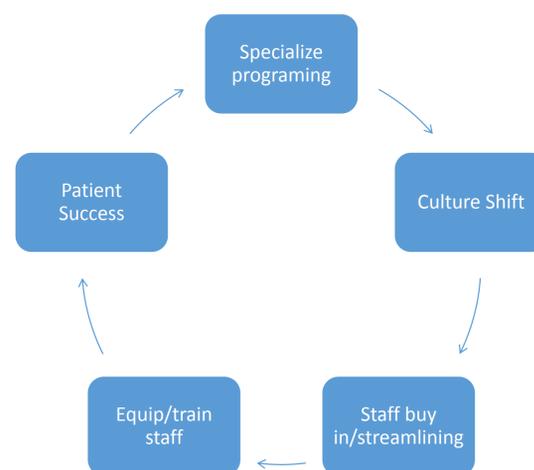
We recently had a patient over 800 lbs who hated to leave her house. She hated the way people would look at her and how that made her feel. Well, not at Osborn! At Osborn she was overwhelmed with how receptive the staff was to her and even said that after being uncomfortable outside her home for years she finally felt like she had found a place where she wasn't being judged, where they saw the person and not just the weight.



With the right staff in place, therapy and nursing has begun to collaborate deeper and work closer in a more well-rounded IDT approach to better address some of the bari specific challenges of care.

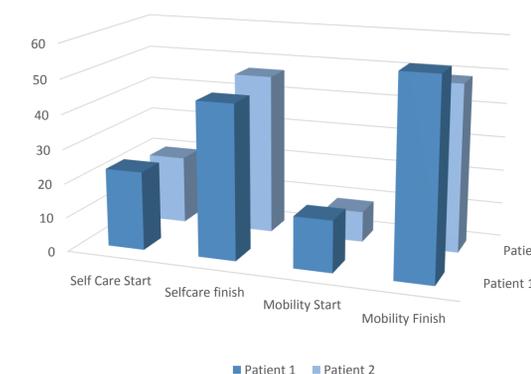
- Nursing has hired specific shower aides who do an excellent job managing bari patients and assisting with hygiene to decrease potential skin issues.
- CNAs are given tools like Bari hovers and sit to stands to assist with the challenges of mobility and transfers.
- Therapy, with the support of Operational Manager Troy Sessions, has created a brand new gym specifically to assist this population.
- We now have state of the art electric parallel bars rated up to over a thousand pounds, a new recumbent bike with specific features to accommodate bari population and use from a w/c, and finally the space itself.

In accordance with the shifted focus of the whole building, the Rehab gym was shifted to the front of the building. It's a large, bright room with lots of natural light and space to move. The therapist's have really bought into the program; and through experience and practice, learned new ways and approaches to help this population.



Being new to Osborn, it has been a true joy to see this program really begin to take footing and the success our patients are having as a result of Nursing and Therapy collaboration. From DON to the CNAs nursing has done an excellent job not only communicating with rehab but supporting and encouraging the treatment protocols we have put in place in order to achieve the highest level of success for our patients. Whether it is a medication schedule, working together for transfers/ADLs, or simply CNAs encouraging patients follow through on their training, it has breed an environment of success! We have had multiple success stories from dependence to independence as a result of this multi-disciplinary approach. It's an exciting time for Osborn and I can't wait to see how big an impact this team can make in a population that so desperately needs help!

CARE SCORE OUTCOMES



Acknowledgements

Troy Sessions, Karl Cooper, Dr. Randolph Clark, Chad Long and the whole OHR team!