

# Building a Part B Program for Long Term Care

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## Mindset

- Adaptation/Compensatory Technique vs Restoration
- Getting team out of the “return home” mindset and into the “improved quality of life” mindset
- Flexible POCs (ex 30 sessions in 45 days, vs 3x/week x 30 days)
- Lead by example as DOR to increase team buy in
- Stop giving free therapy! (IE, screens that should be evaluations)

## Screens

- Regular quarterly screens
- Regular Annual screens
- Consult with MD on regular basis
- Consult with hall nurse/CNA
- Consult with MDS
- Hands on=Evaluation

## Outcomes

- Improved quality of life in LTC
- Decreased caregiver burden
- Better contracture management
- Lower risk for wounds from splints/braces
- Decreased pain levels
- Improve patient and family satisfaction

## RNA

- Monthly meeting with RNA/DON
- Good system with RNA to report decline or improvements
- Therapy TX to establish/modify RNA programs

