THERAPY EXPERT FOR ABILITIES CARE HOLISTIC APPROACH (TEACHA)

MARCH 2-3 CERTIFICATION WORKSHOP AGENDA

MONDAY, MARCH 2ND

8:00 - 9:00 | WELCOME AND INTRODUCTION TO THE ABILITIES CARE APPROACH ESSENTIAL PRINCIPLES

Welcome, participant introductions, and in small groups share successful dementia care practices you have used and consider them in relationship to the Abilities Care Approach Essential Principles. Introduce yourself to the group and share areas of expertise that you can contribute to your team of TEACHAs.

Abilities Care Approach to Dementia Essential Principles include:

- Evidence-based
- Person-centered and individualized care
- Stage specific interventions
- Strength-based perspective
- Habilitative intervention framework
- Interdisciplinary collaborative approach

9:00 - 10:00 | OVERVIEW OF THE AVAILABLE ACA TRAINING RESOURCES AND TIME TO PREPARE FOR "TEACH BACK"

10:00 - 12:00 | PRESENTATIONS OF PROGRAM ESSENTIALS

Participants will work in pairs or teams and present an essential program element and the supporting resources) 20 minutes per pair. Consider any foundational skills needed, supplies or materials, IDT buy-in and support, and potential teaching methods. Include a 5-7 minute teaching demonstration.

- Evaluative Phase "Can Do"
- Evaluative Phase "Will Do"
- Evaluative Phase "May Do"
- Sensory Strategies
- Adapted Care Approaches
- Modified Meaningful Activities (Activity Prescriptions)

12:00 - 1:00 | LUNCH BREAK

1:00 - 2:00 | CONTINUED PRESENTATIONS OF PROGRAM ESSENTIALS

(Participants will work in pairs or teams and present an essential program element and the supporting resources) 20 minutes per pair. Consider any foundational skills needed, supplies or materials, IDT buy-in and support, and potential teaching methods. Include a 5-7 minute teaching demonstration.

- Individualized Reminiscence (Lifestory Boards)
- Abilities Care Experts Program
- Rhythmic Abilities Drumming Program

MONDAY, MARCH 2ND

2:00 - 3:30 | PROGRAM DEVELOPMENT AND IMPLEMENTATION PROCESS – KEYS TO SUCCESS

3:30 - 4:30 | CLINICAL AND FINANCIAL COST BENEFIT ANALYSIS AND RETURN ON INVESTMENT – GENERATING SUPPORT AND "BUY-IN"

4:30 - 5:00 | INTRODUCTION TO DIGITAL TEACHING RESOURCES

TUESDAY, MARCH 3RD

8:00 - 11:00 | CLAY CHRISTENSEN - TRAIN THE TRAINER

Discussing common frustrations/pitfalls of presentations and providing antidotes to ensure effective training.

11:00 - 12:00 | EXPLORING YOUR ROLE IN PROGRAM IMPLEMENTATION (TEAMS WILL BE ASSIGNED TO A FICTIONAL FACILITY AND WILL CREATE A PLAN TO SUPPORT IMPLEMENTATION AND OVERCOME BARRIERS)

12:00 - 12:30 | LUNCH

12:30 - 1:30 | SHARING BEST PRACTICES TO SUPPORT IMPLEMENTATION (TEAMS REPORT BACK)

1:30 - 2:00 | FINAL THOUGHTS AND REFLECTIONS