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Rehabilitation & Communication for Patients with Neurocognitive Impairments

This training consists of **3 parts** - You must **complete all three parts** for Education Credit.
 Sponsored by EnsignTherapy.com and open to all Ensign affiliated PT, PTA, OT, OTA, SLP free of charge

Preregistration is required [Register now at EnsignTherapy.com/courses](https://www.ensigntherapy.com/courses)

Registration closes October 11th, 2021 @ **10:00am**

Part 1 – Abilities Care Approach Introductory (30 minutes) Offered Via WebX October 13, 2021

Course Overview: Participants will be introduced to Abilities Care Approach. They will gain a broad overview of ACA, and the use of the Allen Cognitive Battery for the assessment of persons with Alzheimer’s disease and other Major Neurocognitive Disorders. Participants will be asked to bring back situations to be addressed during the live sessions.

Part 2 – Self-Study Access through the LMS – Rise Levels 1-4 (Once registered at EnsignTherapy.com these will be assigned in your training profile) (2 hours)

- Applying the remaining Abilities of Individuals with dementia **Early Stage**
- Applying the remaining Abilities of Individuals with dementia **Middle Stage**
- Applying the remaining Abilities of Individuals with dementia **Late Stage**
- Applying the remaining Abilities of Individuals with dementia **End Stage**

Each session will take 30 minutes to complete – You must pass the posttest and complete the evaluation to be considered complete.

****Must be completed prior to the live Part 3 session**

Part 3 Stage-Specific Rehabilitation for Patients with Neurocognitive Impairments (All Disciplines) (2.5 hours)

Live In person course October 29, 2021 @ Carmel Mountain – 11895 Avenue of Industry – San Diego, CA 92128

Course Overview: During this course, participants will engage in small group activities, discussion, lecture, and case studies to examine the impact of neurocognitive impairments on the rehabilitation process and daily functioning of patients with Alzheimer’s disease and related dementias. Participants will identify the remaining abilities and challenges of persons in all stages of dementia and identify effective stage-specific intervention approaches. Participants will learn effective techniques for managing the behavioral and communication challenges common to each stage of dementia.

Course Objectives: By the end of this course Participants will be able to:

- Understand the unique challenges of providing rehab services to patients with dementia
- Learn to determine the “Just Right Challenge” for patients with neurocognitive impairments

- Identify the value of integrating person-centered factors into therapy interventions
- Utilize the multisensory cueing hierarchy to create effective intervention approaches
- Identify treatment and care approaches, risk factors, and caregiving concerns common to each stage of dementia

Time Schedule and Program Content:

9:00-9:30am	Overview of an Abilities-Based Treatment Approach
9:30-10:00am	Dementia Prevalence and Impact on Rehabilitation Process,
10:00-10:15am	Using the “Just Right Challenge” in a Stage-Specific Understanding of Dementia
10:15-10:45am	Communication techniques and the Implementation of multisensory cueing
10:45-11:15am	Therapeutic goals, interventions and approaches for each stage of dementia
11:15-11:30am	Q&A and Final Reflections

Instructors: See Bios Below

Kelly Alvord, PT, CEEAA, CDP, CLT

Amanda Grace, MOTR/L

Elyse Matson, MA, CCC-SLP

Lunch Break 11:30-1:00pm

Discipline Specific Breakout Sessions for Rehabilitation & Communication for Patients with Neurocognitive Impairments – Breakout Sessions begin at 1:15pm

PT: Enhancing Health, Function, Mobility and Quality of Life for Patients with Dementia (2.5 hours)

Course Overview: During this workshop participants will engage in group activities, discussion, lecture, and case studies as they identify the remaining abilities and challenges of patients in all stages of dementia. Participants will receive specific training on the use of the major elements of the Abilities Care Approach(R) including adapted care approaches, multi-sensory strategies, and key skilled interventions for physical therapists in order to create effective plans of care and functional maintenance programs (FMPs) for clients with dementia who live in long-term care communities. Interactive activities throughout the workshop provide opportunities to practice the use of skilled language and documentation associated with the Abilities Care Approach.

Course Objectives: By the end of this course Participants will be able to:

- Understand the unique challenges of creating FMPs for patients with neurocognitive impairments and the use of rehabilitative and rehabilitative models of care
- Incorporate stage-specific interventions that are relevant to the patient's life history into the PT plan of care and FMPs
- Utilize the medical record to determine the potential need for physical therapy services
- Identify standardized tests and measures to utilize with patients with neurocognitive impairment
- Develop a system to monitor the functional status of long-term care residents throughout their stay
- Evaluate the evidence supporting PT services for patients with neurocognitive impairment

Time Schedule and Program Content for PT

1:15 -1:45	Overview of an Abilities-Based Treatment Approach and Physical Therapy intervention
1:45–2:15	Discussion of effective system to identify needs for physical therapy services
2:15–2:30	Abilities Care Approach of the evaluative, intervention, training and FMP phases
2:30–2:55	Developing stage specific and individualized POCs/FMPs for patients with dementia
2:55–3:15	Integrating interventions into facility wide systems
3:15–3:30	Strategies for documentation along with standardized tests for patients with dementia
3:30-3:45	Q&A and posttest

Instructor:

Kelly Alvord, PT, CEEAA, CDP, CLT: *Kelly Alvord is a Physical Therapist who has been practicing since 1997 in many settings including skilled nursing facilities, acute care, outpatient and home health. He is currently working as a Therapy Resource for Ensign Facility Services. He is a certified Dementia Care Specialist instructor and teaches Dementia Capable Care Programming. Other earned certifications include Certified Dementia Practitioner, APTA Certified Exercise Expert for Aging Adults (CEEAA), Certified Lymphedema Trained and Neuro IFRAH Trained Therapist.*

A total of 7.5 Education Hours (.75 CEUs) for Physical Therapists/Physical Therapy Assistants Must have completed/attended all three components of the Abilities Care Approach Series to obtain CEU



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Discipline Specific Breakout Sessions for Rehabilitation & Communication for Patients with Neurocognitive Impairments – Breakout Sessions begin at 1:15pm

OT: Enhancing Health, Function, and Quality of Life for Patients with Dementia (3 hours)

Course Overview: During this workshop participants will engage in small group activities, discussion, lecture, and case studies as they identify the remaining abilities and challenges of patients in all stages of dementia. Participants will receive specific training on the use of the major elements of the Abilities Care Approach(R) including life storyboards, adapted care approaches, sensory strategies, and activity prescriptions in order to create effective functional maintenance programs (FMPs) for clients with dementia who live in long-term care communities. Interactive activities throughout the workshop provide opportunities to practice the use of skilled language and documentation associated with the Abilities Care Approach.

Course Objectives: OT By the end of this Workshop

Participants will be able to:

- Incorporate the results of cognitive assessments into effective treatment plans to develop a FMP tailored to the patient’s current physical and cognitive abilities.
- Learn to minimize challenging behaviors including resistance to care, behavioral outbursts, passive participation, decreased arousal, and difficulty following directions.
- Learn to create and implement life storyboards, adaptive care approaches, activity prescriptions, and sensory strategies, and review the evidence related to these approaches.
- Understand the hierarchy of multisensory cues to increase efficacy when training caregivers.
- Identify effective teaching strategies for providing caregiver education to CNAs, families and staff
- Understand the value of integrating client-centered factors into therapy interventions and

functional maintenance programs when working with patients with dementia.

- Gain competency with the use of skilled language related to the Abilities Care Approach

Program and time schedule for the OT

1:15-1:45pm	Role of OT in quality dementia care/ Intro to Abilities Care Process
1:45-2:30pm	The Evaluative Phase (Sensory elements of function, cognitive elements of function, environmental and contextual elements of function)
2:30-3:15pm	Case Study -
3:15-3:30pm	Review of Relevant Evidence
3:30-4:00pm	The Intervention Phase -Sensory Strategies-Adapted Care Approaches-Activity Prescriptions-Life Story Boards
4:00-4:30pm	The Maintenance Phase - Facilitating interdisciplinary collaborative approaches to care
4:30-4:45pm	Wrap up and Q&A

Amanda Grace, MOTR/L – *Amanda Grace is a dedicated occupational therapist with nearly two decades experience treating patients across the lifespan. She holds a Master Degree in Occupational Therapy from Samuel Merritt College, and has worked in a wide range of settings including outpatient upper extremity rehabilitation, school-based therapy, sensory integration clinic, and skilled nursing. She is currently an Abilities Care specialist and educator, working with long-term residents with dementia. She is also an instructor for the ACE (Abilities Care Expert) staff development program.*

“Disclosure: Amanda has no relevant financial or nonfinancial relationships to the content of the course Abilities Care Approach Series”

A total of 8.0 Education Hours (.8 CEUs) for Occupational Therapists/Occupational Therapy Assistants Must have completed/attended all three components of the Abilities Care Approach Series to obtain CEU



Discipline Specific Breakout Sessions for Rehabilitation & Communication for

Patients with Neurocognitive Impairments – Breakout Sessions begin at 1:15pm

SLP: Enhancing Communication and Quality of Life for Patients with Dementia (3 hours)

Course Overview: During this workshop participants will engage in small group activities, discussion, lecture, and case studies as they identify the remaining abilities and communication challenges of patients in all stages of dementia. Participants will develop knowledge and competence in the administration and scoring of the FLCI and other cognitive assessments to guide the development of effective intervention approaches based on a stage-specific approach to dementia treatment planning. Participants will receive specific training on the major elements of the Abilities Care Approach(R) including life storyboards, adapted communication approaches, sensory strategies, the communication of pain protocol, in order to create effective functional maintenance programs (FMPs) for clients with dementia who live in long-term care communities. Interactive activities throughout the workshop provide opportunities to practice the use of skilled language and documentation associated with the Abilities Care Approach®.

Course Objectives: By the end of this Workshop Participants will be able to:

- Learn to administer, score, and interpret the FLCI, and the RTI.
- Incorporate the results of cognitive assessments into effective treatment plans to develop a FMP tailored to the patient's current cognitive and communicative abilities.
- Learn to minimize challenging behaviors including resistance to care, behavioral outbursts, passive participation, decreased arousal, and difficulty following directions through improved communication.
- Learn to create and implement life storyboards, adaptive communication approaches, and sensory strategies, and review the evidence related to these approaches.
- Understand the hierarchy of multisensory cues to increase efficacy when training caregivers.
- Identify effective teaching strategies for providing caregiver education to CNAs, families and staff
- Understand the value of integrating client-centered factors into therapy interventions and functional maintenance programs when working with patients with dementia.
- Gain competency with the use of skilled language related to the Abilities Care Approach®

Time Schedule and Program Content:

1:15-2:00pm Overview of an Abilities-Based Treatment Approach

2:00-2:45pm Communication techniques and the Implementation of multisensory cueing

2:45-3:30pm Dementia Prevalence and Impact on Rehabilitation Process,

3:30-4:00pm Administer, Score and interpret the FLCI and RTI

4:00-4:15pm Q&A and Final Reflections

Instructor: Elyse Matson, MA, CCC-SLP is a Speech Pathologist and SLP Resource for Ensign Services, Inc. She has been an SLP for 30 years and has been with Ensign for 12 years. Elyse has training in VitalStim, LSVT, and myofascial release. She has worked in settings across the medical rehab field including, acute care, outpatient, inpatient rehab, home health, skilled nursing and management. She has a special interest in working with patients with tracheostomies and the interaction of respiration, swallowing and speech. Elyse is an Abilities Care specialist and educator for Ensign.

Disclosure: Elyse Matson has no relevant Financial or non-financial relationship to the content of this Abilities Care Course"

A total of 8.0 Education Hours (.8 CEUs) for Speech Language Pathologists Must have completed/attended all three components of the Abilities Care Approach Series to obtain CEU